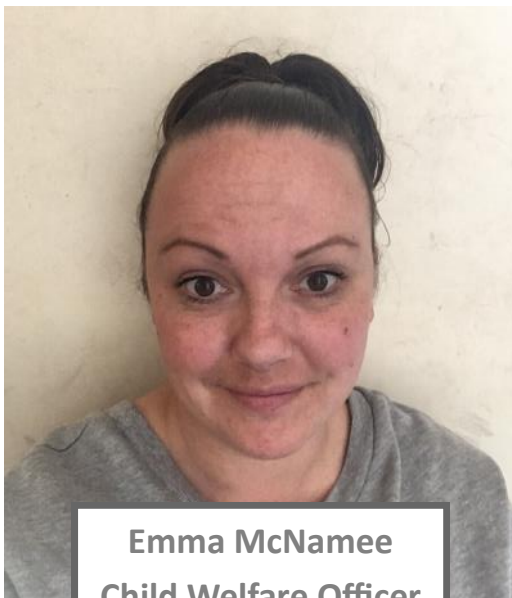




Stockport School of Gymnastics

August 2018 News



Emma McNamee
Child Welfare Officer

Sarah Johnson has been the Child Welfare Officer for at least the last 15 years and is on a 12 month sabbatical , so will not be on hand to answer your questions. We are delighted that Emma McNamee has volunteered to take on the role starting on 1st August. She has attended BG training courses and her contact details are on the notice boards in the gym.

The Frank Williams was another successful competition with trophies for SSoG, lots of volunteers helping with the organisation and funds raised for the Lillehall training camp. A big thanks to all who gave their time freely over the weekend.

As we enter the school holidays we start the camp programme with something on almost every day. All camps can be booked online and are listed on page 5. Book early please!

Please take note of the new arrangements for buying SSoG shorts, leotards etc as it is now solely online; see page 2.

Holiday Arrangements

All Rec Classes at Newby Rd and at Offerton Centres continue through the holidays as normal. There are no breaks for holidays this year. The same applies to Youth Classes too.

Comp Squad and Club sessions have no breaks.

The exception to this are classes on Bank Holiday Monday (August 27th) when the gym will be closed.

Parent and Toddler Sessions finished on Friday 27th July and will restart on Monday 3rd September.

Pre-School classes have finished for the summer and will recommence on Monday 3rd September. We have space in a number of the Pre-School classes as the gymnasts have moved to rec classes. Book online, the earlier the better to get the time that best suits you. Don't leave it until the new

Social Media

Websites

General

www.stockportgymnastics.com/wp

Club

www.stockportgymnastics.com/club

Twitter

@stockportgym

Facebook

@stockportschoolofgymnastics

Instagram

@stockportschoolofgymnastics

Merchandise

www.bluefroggraphics.co.uk/stockport-school-of-gymnastics-home

school term in Sept as we are likely to be full.

We have a full programme of holiday classes at the Newby Road Centre from 30th July to 31st August, all bookable online on the SSoG Website. These include the Open Play sessions on Fridays that replace the Parent and Toddler sessions that run daily during the term time.

2018 Dates

4th August

Last Club Session before Lilleshall.

5th to 7th August

Club training camp at Lilleshall.

8th August

Club Sessions recommence.

28th August

Rec Term invoices will go out during this week.

3rd September

Restart of Pre-School Classes

8th September

Rec Term Fees Pay By date

8th/9th September

Paul Reay Team Challenge at Wigan.

17th September

Start of the next Rec Term

24th September

Invoice for BG and SSoG Membership invoices will go out this week. We understand there will be no increases for the coming year.

30th September

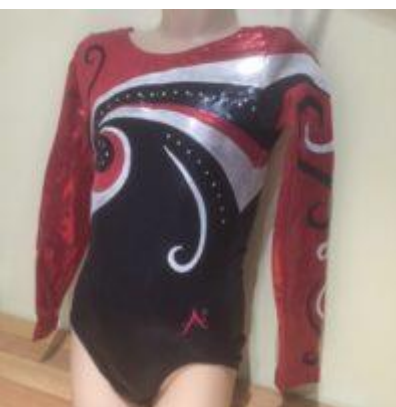
NW Age Groups and FIG at Wigan

5th October

BG and SSoG Fees Pay By date

SSoG Merchandise

We are changing the way that we sell the club merchandise to the Rec, Pre-School, Competition Squad and Youth sections of the club. We have always sold the Competitive Club kit directly on the Blue Frog Graphics website and this has worked well so we are doing the same for all sections of the club.



So from 1st August the forms in the gym will disappear and the links will be from the SSoG website. There are separate pages for Pre-School, Recreational, Youths and Competition Squad in addition to the Elite (Competitive Club) page. On each page there will be all of the kit that you may want to buy for your gymnastics classes.

Note that for some classes there may be mandatory kit needed and the coach will advise on the requirements for your class.

The merchandise will be mailed out to you and there will be shorts in the gym to try on for size. Jayne Mooney from Blue Frog Graphics is regularly at the Newby Road facility and can help with sizing for leotards etc.

Continuous Improvements

We were so pleased with the new cover on the rebound run that we have asked the supplier to refurbish the mats around the beams and add wall protection around the vault landing area. This work has started already around the low beam and will be completed during September.

We also think we have found somewhere to hang a climbing rope, much needed for strength work.



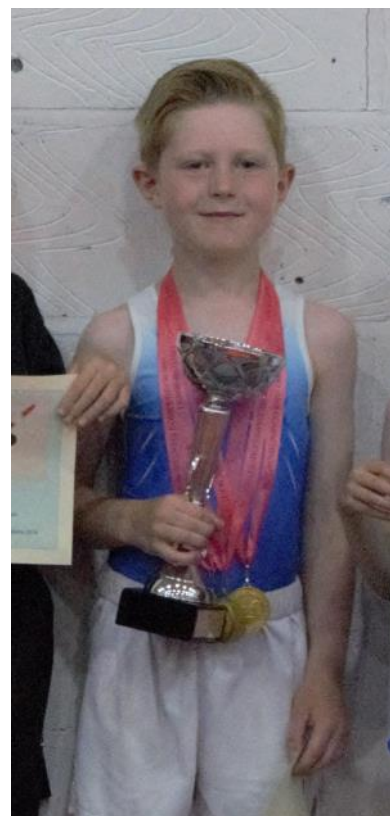
Frank Williams Competition

This was a fun weekend with the temperature in the gym not too hot and lots of great performances from all clubs. It was nice to welcome Rochdale, Crewe and Nantwich and Just Gymnastics for the first time.

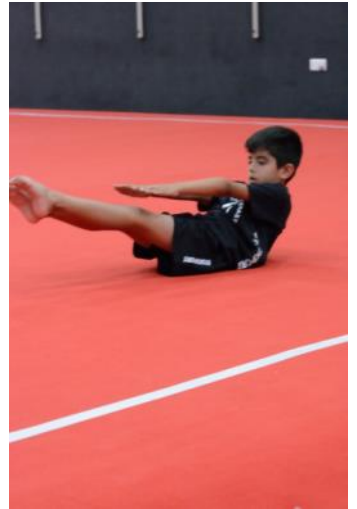
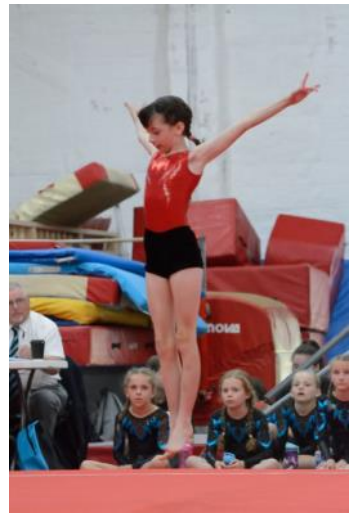
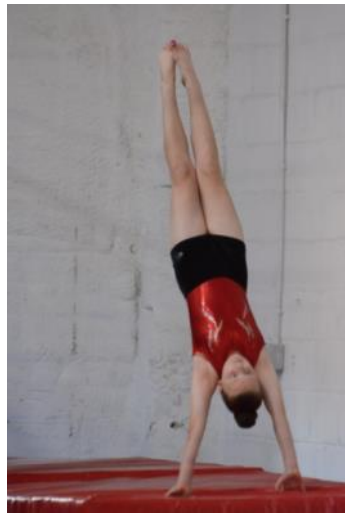
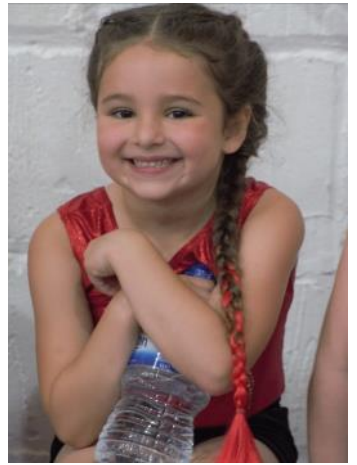
Lots to cheer about for the home team with family success for the Griffiths with Nathan and Olivia both winning their respective competitions. SSoG's other overall champion was Holly Stead in the 9 Year old category. There were also lots of other medals to be proud of. The competition this year ran well, on time

and the fans kept the hall as cool as possible. All the results are available on the website and there are a number of photos. The professional photos are on the DE Photo website, which is password protected. Please ask and we will supply it.

A big thanks to all of the volunteers from SSoG over the weekend, especially those who stayed behind to put away after the long weekend.



Frank Williams Competition—more photos



Holiday Camps at the Newby Road Centre

This years camps are as follows:

2018 dates 30th July – 31st August.

Monday 31st July – Beam and Bars

Wednesday 1st August – Tumble and Bounce

Thursday 2nd August – Full day camp

Friday 3rd August – Open play parent and toddler session 9:30-12pm



Monday 6th August – Full day camp

Wednesday 8th August – Floor and Vault

Thursday 9th August – Tumble and Bounce

Friday 10th August – Open play parent and toddler session 9:30-12pm

Monday 13th August – Tumble and Bounce

Wednesday 15th August – Beam and Bars

Thursday 16th August – Floor and Vault

Friday 17th August – Open play parent and toddler session 9:30-12pm

Monday 20th August – Floor and Vault

Friday 24th August – Open play parent and toddler session 9:30-12pm

Friday 31st August – Open play parent and toddler session 9:30-12pm

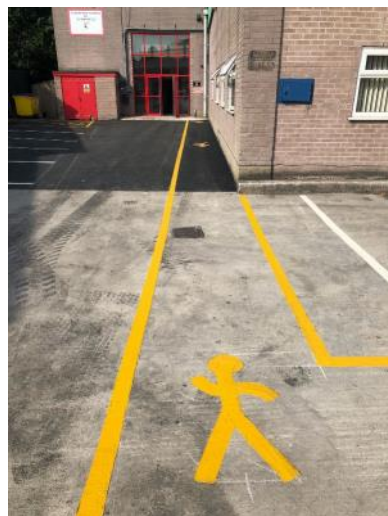
Open Play Sessions are for children 0-6 years and are for you to play with your child and explore the equipment together.

All Full Day Camps are 9-3:30pm. – for children 5 years upwards.

The Tumble Session – children need to be capable of doing a cartwheel and working on their round-offs to take part in this session.

Holiday course are all on the website and we would ask you to book now online so we can ensure that we plan staff rotas.

Car Park Completed



Those club members who have been around for a long time will remember that when we got planning permission for opening a gym on the Newby Road site, part of the conditions was that we had to mark out the car park. It's taken 6 years, but finally all has been sorted this month.

Now that we have the markings please park in the places as marked, don't park on the pedestrian walkways and respect the blue badge bay. Thanks.

Bag Pack etc!

Thanks to all who supported our bag pack at Morrisons in Bredbury on Sunday 1st July. Having a bag pack on the same weekend as the Frank Williams was never in the plans, but that's how it turned out and the parents and gymnasts covered both events.

The bag pack raised £737.63 towards the Lilleshall training camp. Thanks.

Overall the Lilleshall fund raising reached £5,350, unbelievable. It's more than we need and the excess money will be put into improvements in the gym, for instance the ropes as mentioned earlier in the newsletter.

We are doing a Leotard Treasure Map at the moment - £1 a go and the winner will receive a short sleeved leotard of their choice from ASTAR. Draw will take place in two weeks and the winner will be notified/ details will appear on Facebook and on the noticeboard in the gym – monies will be donated to the gym.

There were a lot of prizes in the Grand Draw and all winners have been notified. There are still a number of prizes unclaimed and we don't want to publish lists in the newsletter so please come and collect your prizes soon.

Thank you to the organisers of this fund raising event, Jayne, Jayne and Suzanne and to the club parents and gymnasts who have led the main activities. However we were delighted that so many people who have no interest in the Lilleshall visit have rallied around and given their time to support the fundraising. Great spirit across the whole club and bodes well for the future. I have some other items in mind so let's keep going.

THANK YOU!



BG Membership

The new membership year starts 1st October 2018 and the club renewal window opens in early September 2018. Once SSoG has renewed then all gymnasts can renew their membership through their online account. BG will email all SSoG members with details of when and how to renew their membership for the 2018-19 year.

New customers will need to register as they did previously.

We believe that all Insurance fees will remain the same.

SSoG membership is renewed at the same time and is unchanged from last year.

There will be more in the September Newsletter.

Club News

The club gymnasts are gearing up for the Training Camp at Lilleshall at the start of August. 20 gymnasts and 8 coaches are attending in what promises to be an enjoyable and productive 3 days. A group has been set up on social media for chat and posting of pictures as events unfold.

Tamlynn has been looking at gymnasts from Rec classes and they will be invited to train with club gymnasts on a trial basis in September. There will be some other modifications to groups in preparation for autumn competitions.

Gymnasts training programmes are launched when we return from Lilleshall and further testing and profiling will continue at the end of August.

We will be more selective on the competitions we attend and gymnasts will need to have all CRs in place to be entered in competitions.

Grades 2019 dates will be announced very soon.