



# Stockport School of Gymnastics

## December 2021 Newsletter



### Covid Guidelines

Unfortunately following the announcement of the new Omicron variant the senior management team have taken the decision to suspend our viewing sessions for all parents with the exception of Pre-school parents or parent of children with a medical condition that you need to be there to monitor from 1<sup>st</sup> December 2021. There will be an access list at reception, those who have access please ensure you are wearing a face covering at all time when in the building unless you are exempt. This has been a hard decision to make and we apologise for any inconveniences it may cause. However we have to protect our staff and all the children who attend so we ask that you respect the choices made and show your support. We would also like to thank the parents who have already supported our decision.

We would also ask that if you suspect your child had Covid-19 or is ill with coughs and cold that you keep them off and this also applies if there is a positive case in the household. Whilst we are aware that under 18s don't have to isolate we are requesting you to keep your child at home.

November brought us our last 2 out of house competitions of 2021. Gymnasts competed in the North West Floor and Vault and the North West Regional Level 2, 3 and 4. SSoG came away with 49 medals from the 23 gymnasts who competed over the 2 weekends.

We had a trip to Brooklyn Pottery for a Christmas Party and coaches and gymnasts wore odd socks to show their support during Anti-Bullying week.

The New Year brings a new competition calendar that can be seen below and will also introduce a new award scheme for Recreational gymnasts.

December brings lots of festive fun, we have our Christmas competition for our club gymnasts, keep an eye on our social media for other events going on in the lead up to the festive period.

### Contacts:

#### Office

[office@stockportgymnastics.com](mailto:office@stockportgymnastics.com)

#### Welfare

[welfare@stockportgymnastics.com](mailto:welfare@stockportgymnastics.com)

#### Website

General [www.stockportgymnastics.com/wp](http://www.stockportgymnastics.com/wp)

Club [www.stockportgymnastics.com/club](http://www.stockportgymnastics.com/club)

### Social Media:

#### Facebook

@stockportschoolofgymnastics

#### Instagram

@stockportschoolofgymnastics

#### Merchandise

[www.bluefroggraphics.co.uk/stockport-school-of-gymnastics-home](http://www.bluefroggraphics.co.uk/stockport-school-of-gymnastics-home)

## Gymnastics in December

All Rec and Teen sessions run through from 1<sup>st</sup> to 23<sup>rd</sup> of December. With Pre-School sessions running from the 1<sup>st</sup> till the 22<sup>nd</sup>. All classes take a break for Christmas and return on the 4<sup>th</sup> of January.

### Pre-School and Open Play Sessions

Our Pre-Schoolers will be getting into the Christmas spirit during December. Our Pre-School sessions, both Independent and with Parent, are currently on Mondays, Thursdays and Fridays, with Open Play sessions on Mondays, Wednesdays and Fridays.

### Recreational Sessions

All our gymnasts, coaches and parents are now used to the new time changes and gymnasts seem to be enjoying their extra time on the pieces.

The Rec coaches had an update to their training on Sunday 28<sup>th</sup> November, coaches learnt how to do some new skill supporting and new prep work and circuits.

The Stockport School of gymnastics award scheme will be launched in January and will be based off the BG RISE scheme. Parents will be able to view the skills their children are working towards via the parent portal.

The Advanced gymnastics on a Tuesday night are full and gymnasts are progressing well. We are currently in the process of setting another advanced gymnastics session up on a Saturday

### Club

In December we have our SSoG Christmas Team Competition held at Newby Road. Gymnasts will have the chance to win awards for overall teams score, individual apparatus, best dressed and more.

\*Due to new restrictions there will be no viewing\*

#### Stockport school of gymnastics Club Team Christmas Competition

##### Session 1- Juniors

1.30PM- 1.40PM	1.40PM- 1.50PM	1.50PM - 4.20PM	4.20PM
TEAM MARCH ON	WARM UP	COMPETITION	PRESENTATIONS

##### Session 2 - Seniors

4.30PM - 4.40PM	4.40PM- 4.50PM	4.50PM- 7.20PM	7.20PM
TEAM MARCH ON	WARM UP	COMPETITION	PRESENTATIONS

With the New Year on its way the gymnasts are preparing for the first competition of 2022, which will be Grades that will be held in January and February.

### 2022 Competition Calendar

#### 29<sup>th</sup>/30<sup>th</sup> January

Club Grades 5&6 held at Robin Park Sport Centre

#### 12<sup>th</sup>/13<sup>th</sup> February

Regional Grades 1-4 held at Robin Park Sport Centre

#### 11<sup>th</sup> – 13<sup>th</sup> March

English Championships held at Loughborough

#### 24<sup>th</sup> – 27<sup>th</sup> March

British Championships held at M&S Bank Arena

#### 7<sup>th</sup>/8<sup>th</sup> May

Counties Floor and Vault Championships held at Robin Park Sport Centre

#### 21<sup>st</sup>/22<sup>nd</sup> May

NW Compulsory 5, 4 and 3, NW NDP Grades & NW National Grade 5 (Compulsory 2 Pre-Comp) held at Robin Park Sport Centre

#### 4<sup>th</sup>/5<sup>th</sup> June

Compulsory Level 3 & 2 National Finals held in Stoke

#### 18<sup>th</sup>/19<sup>th</sup> June

NDP National Finals 4, 3, 2 & 1 held in Stoke

#### 17<sup>th</sup>/18<sup>th</sup> September

Paul Reay Team Challenge (Regional 6 & 5 only) held at Robin Park Sports Centre

#### 1<sup>st</sup>/2<sup>nd</sup> October

Adi Stan Teams held in Stoke

#### 15<sup>th</sup>/16<sup>th</sup> October

NW Regional 4 Piece held at Robin Park Sports Centre

#### 22<sup>nd</sup>/ 23<sup>rd</sup> October

NW Age groups Vol 5, 4, 3 & 2, NW FIG and FIG Challenge Qualifier held at Robin Park Sports Centre

#### 5<sup>th</sup>/6<sup>th</sup> November

World Championships held in Liverpool

#### 19<sup>th</sup>/20<sup>th</sup> November

Classic Challenge Bronze, Silver & Gold/ Regional 4 piece age 10+ held at Robin Park Sport Centre

#### 26<sup>th</sup>/27<sup>th</sup> November

Voluntary Age Group Championships Level 3 and 2 and National FIG Challenge qualifier held at Surrey Sports Park

#### 4<sup>th</sup> December

Disability British Venue TBC

#### 10<sup>th</sup>/11<sup>th</sup> December

Classic Challenge Team Finals, Bill McLoughlin National Apparatus Team Championships Venue TBC

## November Update

### Pre-School

Our theme in Pre-School for November was Colours and Numbers. We had lots of fun learning how to mix colours, counting our numbers and learning to throw and jump.



### Club

#### North West and Greater Manchester Floor and Vault

We had a successful weekend in Liverpool with 17 gymnasts entered into the NW and GM Floor and Vault Championships. With medals only being given out for Pieces and Overall in GM and Overall in NW we came away with 3 GM Champions and 2 NW Champions and 27 medals in total. We had great performances from all the girls, some of which were competing for the first time.

#### North West and Greater Manchester Regional Level 4, 3 & 2

We also had a very successful weekend competing in the North West and Greater Manchester County Regional Level 4, 3 & 2 competitions in Salford. We had 2 entries in Level 4 senior and 3 entries in Level 4 Junior.



All gymnasts who competed in the North West and Greater Manchester Floor and Vault Championships.

## October Champions



**Lucy Francis**  
NW & GM - 1<sup>st</sup> on Floor, Vault and Overall.



**Thea McAllister**  
GM - 1<sup>st</sup> on Bars, Floor and Overall, 2<sup>nd</sup> Vault and 3<sup>rd</sup> on Beam.  
NW - 3<sup>rd</sup> on Vault and Bars.



**Gretel Smith**  
GM - 1<sup>st</sup> on Floor, Vault and Overall.  
NW - 2<sup>nd</sup> on Floor, Vault and Overall.



**Annie Francis**  
GM - 1<sup>st</sup> on Floor, Vault and Overall.  
NW - 1<sup>st</sup> Vault and Overall, 2<sup>nd</sup> on Floor.

## October Medals



**Nyla Smith**

GM - 1<sup>st</sup> on Beam, 2<sup>nd</sup> Bars and 3<sup>rd</sup> on Vault, Floor and Overall.



**Eleanor White**

GM - 1<sup>st</sup> on Vault, 3<sup>rd</sup> Overall.  
NW - 1<sup>st</sup> on Vault.



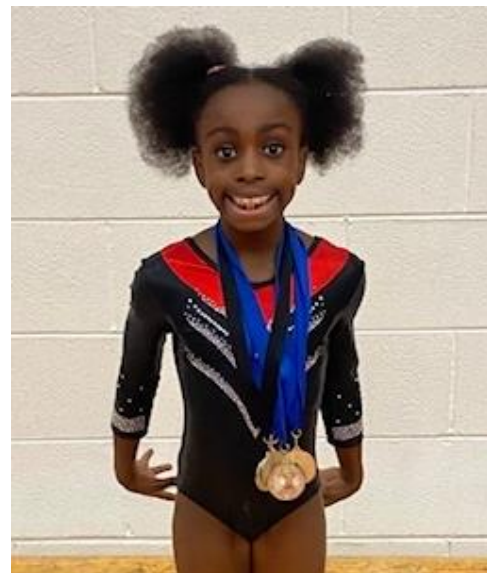
**Evie Talbot**

GM - 1<sup>st</sup> on Vault, 2<sup>nd</sup> Floor and Overall.



**Lola Mannion**

GM - 1<sup>st</sup> on Vault, 2<sup>nd</sup> Beam, Floor and Overall and 3<sup>rd</sup> on Bars.  
NW - 1<sup>st</sup> on Vault.



**Ighosa Osagie-Okundolor**

NW & GM - 1<sup>st</sup> on Vault, 2<sup>nd</sup> Floor and Overall.



**Mae Sheldrake**

GM & NW - 1<sup>st</sup> on Vault.



**Millie Hewart**

GM - 1<sup>st</sup> on Bars, 3<sup>rd</sup> on Floor, 2<sup>nd</sup> Overall.  
NW - 3<sup>rd</sup> on Bars.



**Azra Harwood**

GM - 2<sup>nd</sup> on Vault, 3<sup>rd</sup> on Floor and Overall.  
NW - 3<sup>rd</sup> on Vault



**Lucia Sharpe**

GM - 3<sup>rd</sup> on Vault.



**Ella Hales**

GM - 3<sup>rd</sup> on Vault.

## Community and Fundraising

Over the last 12 months the fundraising team have been working hard to raise funds for a new trampette and a replacement vault. The trampette is now on its way and we hope to see it in the gym in the next few weeks. The team will now be concentrating on the vault, so keep an eye out for the exciting activities.

### Design a Leotard

Our design a leotard competition was closed on the 31<sup>st</sup> of October. Our winner has been announced, the winning design was by Esmay O'Hearns, which can be seen below. Well done Esmay. Your design will be made up, we can't wait to see it.



We also had three runners up, that were designed by Rosy Larking, Maya Ross and Millie Bradshaw. Well Done to everyone who entered!



### Paint a Pot

On Saturday 27<sup>th</sup> of November we had a Christmas Paint a Pot Party. Gymnasts from all parts of SSoG attended, where they choose and decorated a Christmas figure, getting creative with their designs. A huge thank you to all the children who came, to the parents who helped out and to Louise Gerrard-Jones for organising.



### Bag2School Collection

We will be holding another Bag2School collection on Wednesday 26<sup>th</sup> January. The more we collect, the more we raise so please save your unwanted clothes, bags, shoes belts, scarves, bedding etc. and help support our latest fundraising cause. Bags will be able to be dropped off at the gym from the 24<sup>th</sup> January.

### Easy Fundraising

With Christmas on its way don't forget you can help towards our fundraising efforts every time you shop online through easyfundraising. It makes no difference to the price you pay, but every time you purchase we receive a donation.

Go to <https://www.easyfundraising.org.uk/>, search for Stockport School of Gymnastics and sign up and start raising money for the gym.



### Bringing Communities Back Together Grant

SSoG applied for a Bringing Communities Back Together Grant from Asda and we are pleased to announce that we have been successful and have been awarded a grant of £1000!

This money will contribute to new equipment for the gym and will also fund a celebration to help bring our members back together after Covid.

Santa Elves have been working hard on a Christmas treat for the gymnasts, keep an eye out for further details on our social media.