



# Stockport School of Gymnastics

## January 2022 Newsletter

**2022**  
**HAPPY NEW YEAR**

### Gymnasts of the Year for 2021

SSoG gymnast of the year for 2021 went to Maddy Gerrard-Jones. A well deserved award for Maddy, who last competed in 2019 in 2 piece Pre-Novice, she trained extremely hard on zoom during tough lockdowns and came back into the gym after 18 months of no competitions and went on to be the 4 piece Greater Manchester aged 11 Regional 5



We hope you all had a lovely Christmas and wish all our members a Happy New Year!

December brought the end of a great year for SSoG, with gymnasts back in competition after 18 months, it brought our Christmas Team Competition for all our Club gymnasts and a brilliant Winter Wonderland grotto for all our members. We also announced our gymnast of the year for 2021!

The New year brings lots of competitions for the club gymnasts and the introduction of the new RISE programme for recreational gymnasts.

In January we have lots of different fundraising event taking place and would like to encourage you all to get involved where you can. If anyone has ideas on how to help the fundraising effort all suggestions are welcome.

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Welfare

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Website

General [www.stockportgymnastics.com/wp](http://www.stockportgymnastics.com/wp)

Club [www.stockportgymnastics.com/club](http://www.stockportgymnastics.com/club)

Social Media:

Facebook

@stockportschoolofgymnastics

Instagram

@stockportschoolofgymnastics

Merchandise

[www.bluefroggraphics.co.uk/stockport-school-of-gymnastics-home](http://www.bluefroggraphics.co.uk/stockport-school-of-gymnastics-home)

## Gymnastics in January

All Rec, Teen and Pre-School sessions run through from 4<sup>th</sup>- 31<sup>st</sup> of January.

### Pre-School and Open Play Sessions

Our Pre-Schoolers will be learning all about healthy eating during their sessions in January. Our Pre-School sessions, both Independent and with Parent, are currently on Mondays, Thursdays and Fridays, with Open Play sessions on Mondays, Wednesdays, Thursdays (recently added) and Fridays.



### Recreational Sessions

Coaches will start working toward the new SSoG award scheme which is based on the BG RISE award scheme. Keep an eye out on how you can access your children's progression.

We would like to remind parents that during the colder months gymnasts need to be dressed appropriately in warm clothing when entering the gym so they can put layers back on after their session. We would also like to remind parents that they should collect their children from the door as they exit, please come out of the car and stand past the sectioned off area for coaches to pass your children back to you. We will not allow gymnasts to cross the car park on their own. If you do not come to collect your child they will be kept in the gym until a coach can see their parent stood in the car park.

### Club

#### 22<sup>nd</sup> January

The first competition of the year will see our youngest gymnasts competing. Our Grade 6 gymnasts will be attending a competition at Evolve Gymnastics Academy, South Manchester, M22 4WZ.

We do not yet have timing so keep an eye for those, or your coach will let you know. This will be their first out of house competition so will be an exciting experience.

#### Grade 6:

Grace Edwards, Fleur Simpson, Paige Talbot, Lula Stafford, Isla Smith.

Good Luck Girls!



### Covid Guidelines

In December as a club we decided to suspend our viewing of sessions for all parents with the exception of Pre-school parents or parents of children with a medical condition that needs to be monitored. There will be an access list at reception, those who have access please ensure you are wearing a face covering at all time when in the building unless you are exempt.

This was a hard decision to make and we apologise for any inconveniences it may cause. However we have to protect our staff and all the children who attend so we ask that you respect the choices made and show your support. We would also like to thank the parents who have already supported our decision.

We would also like to remind you, if you suspect your child had Covid-19 or is ill with coughs and colds that you keep them off or test before sending them into the gym.

# December Update

## Pre-School

Our Pre-Schoolers got to have lots of festive fun in their sessions during December.



## Club

### SSoG Christmas Team Competition

On December 5<sup>th</sup> we held our Christmas Team Competition where all Club gymnasts competed as Juniors and Seniors and were split into teams. Each team had a Christmas theme to dress us as and awards were given out for best dressed and highest scoring team. There were also lots of extra awards given out and it was a fun filled day for all.



**Highest Scoring & Best Dressed Junior Team**



**Highest Scoring Senior Team**



**Best Dressed Senior Team**

All the pictures from the competition can be found on our website or by following the links below:

<https://www.stockportgymnastics.com/club/2021>

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**Frank Williams Trophy  
Winner**

Heather Davenport  
(Highest Scoring Senior)



**Presidents Shield  
Winner**

Matilda Berry  
(Highest Scoring Junior)

## Our Winter Wonderland Grotto

### Bringing Communities Back Together Grant

SSoG applied for a Bringing Communities Back Together Grant from Asda and have been awarded a grant of £1000! Three of our club girls went to pick up the cheque.



Part of this money went towards a celebration to help bring our members back together which took place during December, and the rest will be put towards new equipment for the gym. All our gymnasts got to walk through our Winter Wonderland grotto, which the parent committee put together.



### ASDA Foundation Green Token Giving

SSoG has been nominated to be part of the ASDA Foundation Green Token Giving online vote through local ASDA store, Stockport. You can now vote online for SSoG by visiting <https://www.asda.com/green-tokens/store?store=4632> and selecting Stockport in the drop down box. Support can vote once every 7 days, so get voting now!



### THINK-INKS

Instead of throwing away your used printer inks you can drop them off at reception to be collected by Think-Inks, who recycle the ink cartridges instead of them ending up in landfill. Not only will you be helping the environment, but you will also be helping SSoG raise funds for new equipment.

Think-Inks will donate up to £5 per cartridge, you can donate any ink cartridge (not toners).

We would be really grateful if you could ask friends, families and companies if they may have used cartridges that they would like to donate to our cause. The more we collect the more we raise.



### Last Man (or Lady) Standing Football Competition

The 18<sup>th</sup> Last Man (or Lady) football predictor competition was concluded in December.

We had 29 entries and would like to thank everyone who took part, your support is much appreciated. Three shared the winnings this time – Ed Doran (3 times winner), Dan Heath (2 times winner) & Phil Taylor. A very kind gesture from Ed who donated winnings back to the club – so a total of £97.00 raised for the club.

We will be running another competition soon, so keep your eyes out.

### Bag2School Collection

We will be holding another Bag2School collection on Wednesday 26<sup>th</sup> January. The more we collect, the more we raise so please save your unwanted clothes, bags, shoes, belts, scarves, bedding etc. and help support our latest fundraising cause. Bags will be able to be dropped off at the gym from the 24<sup>th</sup> January.



### Easy Fundraising

Don't forget you can help towards our fundraising efforts every time you shop online through easyfundraising. It makes no difference to the price you pay, but every time you purchase we receive a donation.

Go to <https://www.easyfundraising.org.uk/>, search for Stockport School of Gymnastics and sign up and start raising money for the gym.

