



# Stockport School of Gymnastics

## May 2022 Newsletter



April saw our first SSoG Easter Competition since 2019. Our 4 piece gymnasts competed against other clubs and experienced the new metal rules. We would like to say a massive thank you to everyone who came down to help out. Our 2 piece and Advanced Rec Gymnasts competed at Silk's Spring Time competition. Both weekends saw SSoG gymnasts come away with lots of medals and prizes and an amazing experience for all gymnasts. We had lots of fun at our Easter Holiday Camps! We had a Pizza Making Party and also raised money in aid of Ukraine.



In May we have more competitions coming up for lots of different gymnasts, Holiday Camps that will be running through Half-Term and a Bag2School collection. Be sure to keep an eye on our social media and your emails to get involved with any fundraising events that are coming up and up to date with any updates we have.

### Contacts:

#### Office

[office@stockportgymnastics.com](mailto:office@stockportgymnastics.com)

#### Welfare/Safeguarding

[safeguarding@stockportgymnastics.com](mailto:safeguarding@stockportgymnastics.com)

#### Website

General [www.stockportgymnastics.com/wp](http://www.stockportgymnastics.com/wp)

Club [www.stockportgymnastics.com/club](http://www.stockportgymnastics.com/club)



### Social Media:

#### Facebook

@stockportschoolofgymnastics

#### Instagram

@stockportschoolofgymnastics

#### Merchandise

[www.bluefroggraphics.co.uk/stockport-school-of-gymnastics-home](http://www.bluefroggraphics.co.uk/stockport-school-of-gymnastics-home)

## Gymnastics in May

All Rec and Teen sessions run from 1<sup>st</sup> to the 31<sup>st</sup> of May, sessions will run through May Half-Term. With sessions only taking a break for Early May Bank Holiday on 2nd of May.

Pre-School sessions take a break over May Half Term with the last session being 27th and sessions returning on the 13<sup>th</sup> of June.

Ladies Fitness also takes a break for the holidays after May 24<sup>th</sup> and will return on June 14<sup>th</sup>.

### Pre-School and Open Play Sessions

Our Pre-Schoolers will continue with their theme of In the Jungle in May, working towards the BG Explore RISE Awards. Our Pre-School sessions, both Independent and with Parent sessions currently run on Mondays, Thursdays and Fridays, with Open Play sessions on Mondays, Wednesdays, Thursdays and Fridays.

### Club

May brings more competitions for some of our club gymnasts.

#### 8<sup>th</sup> May

##### North West & Greater Manchester Floor and Vault

Our 2 Piece gymnasts have the opportunity to compete against other clubs in the region at Manchester Academy of Gymnastics (Astor Road, M50 1BB).

**Pre-Novice** - Heidi Mail, Grace Edwards, Lula Stafford, Fay Pickup, Charlotte Gilmore, Sienna Bullen, Holly Allen and Eleanor White.

**Novice** - Alice Mills, Evie Talbot, Azra Harwood and Evie Knott.

**Intermediate** - Annie Francis.

#### 15<sup>th</sup> May

**North West Compulsory Pre-Comp** at Manchester Academy of Gymnastics (Astor Road, M50 1BB):

**Compulsory 4** - Clarice Smith.

**Compulsory 3** - Ellen Ijima.

#### 21<sup>st</sup>/22<sup>nd</sup> May

**North West National Grades** at Manchester Academy of Gymnastics (Astor Road, M50 1BB):

**National 5** - Ighosa Osagie-Okondolor.

**National 4** - Rosy Larking

**National 3** - Nyla Smith and Thea McAllister.

#### 18<sup>th</sup>/19<sup>th</sup> June

**Geoff Machan Cup** - Beginners and 2 Piece Comp

### Gymnastics Parties

We now run SSoG birthday parties on a Saturday evening from 5:45-7:15! With a fun filled hour in the gym, playing games and trying some gymnastics skills and apparatus, finishing it 30 minutes for party food (not provided).

If you would like to make a party booking for have any enquiries please do so on our website <https://www.stockportgymnastics.com/wp/classes/parties/> or by contacting the office.

### Half-Term Holiday Camps

During Half-Term (30<sup>th</sup> May- 10<sup>th</sup> June) we have lots of Holiday Camps you can book onto. There are Camps available for all ages. You can book your space on our website now following the link below: <https://www.stockportgymnastics.com/wp/easter-camps-booking-now/>

Our Holiday Camps are also available to non-members, so be sure to bring your friends along to join in.

## HALF-TERM HOLIDAY CAMPS!

### 30<sup>TH</sup> MAY - 1<sup>ST</sup> JUNE

**MONDAY-** AM - REC (5+) & SKILL CAMP (7+)  
PM - REC (5+) & TUMBLE CAMP (7+)

**TUESDAY-** AM - REC (5+) & TUMBLE CAMP (7+)  
PM - REC (5+) & SKILL CAMP (7+)

**WEDNESDAY-** AM - REC (5+) & SKILLS CAMP (7+)  
PM - OPEN PLAY (0-6)

### 6<sup>TH</sup> - 10<sup>TH</sup> JUNE

**MONDAY-** AM - REC (5+) & SKILL CAMP (7+)  
PM - REC (5+) & TUMBLE CAMP (7+)

**TUESDAY-** AM - REC (5+) & TUMBLE CAMP (7+)  
PM - REC (5+) & SKILL CAMP (7+)

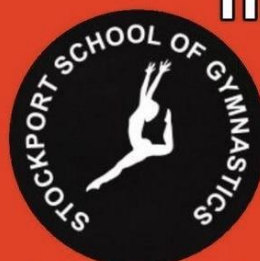
**WEDNESDAY-** AM - REC (5+) & SKILLS CAMP (7+)  
PM - REC (5+) & TUMBLE CAMP (7+)

**THURSDAY-** AM - OPEN PLAY (0-6)  
PM - REC (5+)

**FRIDAY-** AM - OPEN PLAY (0-6)  
PM - REC (5+)

AM CAMPS - 9-12  
PM CAMPS - 12:30-3:30

## BOOK NOW!



HOLIDAY CAMPS

## Gymnastics in May

### Recreational

We are going to start completing the last round of BAGA Badges in May. Please can all recreational gymnasts bring their BAGA award books with them to their sessions. The coaches will be testing gymnast on the skills on the BAGA awards, from 9<sup>th</sup> of May onwards.

Please remember that not all gymnasts will pass their badge on week 1. As children progress through the awards they become harder and it can take time to achieve all the skills. We have a small supply of badges and a full supply of certificates for gymnasts once they complete their badges. There will be charge for certificates of £2.00 and £5.00 if you wish to purchase both. We will take cash only and this will be used in the fundraising budget for new equipment when we go into the extension of the gym.

All books will be updated so gymnasts will have a record of their achievements. If your child has not done a BAGA badge before they will start on number 7. Badge 8 will be done with our Pre-Schoolers in their 'Ready for Recreation' session during the summer.

We are also looking forward to starting the CORE and LARGE APPARATUS awards in the RISE Scheme that will be completed in our new building. The recreational coaches will be having training on the awards as they differ to the BAGA award scheme. The new schemes are extensive, and again, please don't expect every child to progress at the same time. We will work with all the children and when they are ready to be tested for the award we will let you know. We envisage the first round of testing to be September.

### Phones in the Gym

We would like to remind parents that whilst watching their children they should not be using their phones to take photos and videos of their children. Please remember that other children may be in the back of photos or videos which is a safeguarding issue.

There are signs up in the gym to remind you. Parents who are seen taking photos and videos will be asked to stop and if it continues be asked to leave. We also ask parents to report if they see others taking photos or videos.

## April Update

### Pre-School

During April, our Pre-Schoolers finished their Easter and Spring programme, they had lots of fun completing Easter based activities whilst also progressing lots of new gymnastic skills.

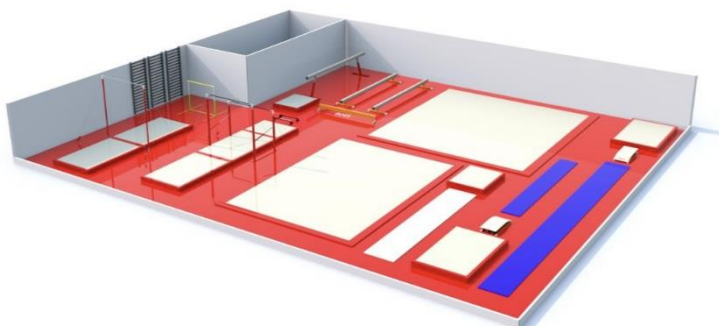
At the end of April they started their In the Jungle theme as part of British Gymnastics RISE Explore Scheme, which has been received well so far by both gymnasts and parents. They will be progressing their gymnastic and coordination skills and complete their awards during their sessions. We continue our In the Jungle theme into May, completing all the activities on the award scheme.



### Progress on Office Conversion

We have signed the lease for our facility at Newby Road and also complete the contract on the 4,000 sq ft extension at the front of the facility and increased the onsite parking. For more information about the extension and more exciting new follow the link to our website:

<https://www.stockportgymnastics.com/wp/extension-announcement/>



## April Update

### SSoG 4 Piece Easter Competition

On the 10<sup>th</sup> of April we had our first SSoG Easter Comp since 2019, it was lovely seeing so many familiar faces in our gym and have all gymnasts put out some great routines and performances. There were lots of medals, awards and prizes awarded and the bonus of an Easter Egg for taking part.

Congratulations to our Overall Champions, Heather Davenport (Gold Champion), Millie Hewart (Bronze Senior Champion) and Orla Frodsham (Bronze Junior Champion).



### Silk Spring Time Competition

On the 23<sup>rd</sup>/24<sup>th</sup> of April our Advanced Rec and 2 piece gymnasts had the opportunity to compete at Silk's Spring Time Competition.

Congratulations to our Overall Champions Fay Pickup, Jessica Parry, Amber McNeice, Amber Higgins and Roxanna Swioklo.



## Community and Fundraising

### Well Done Ladies

3 of our Parents, who attend our Ladies Fitness sessions; Louise Gerrard-Jones, Sarah Berry and Lucy Davies, participated in the Christie Stair Climb on the 10<sup>th</sup> of April, climbing 46 flights of stairs at the Beetham tower raising money for The Christie. They raised a massive £1,510 to donate towards The Christie, which is a great cause and very personal to many in the community.



### THINK-INKS

Don't forget, we are now collecting printer ink cartridges as part of our fundraising towards the gym. So instead of throwing away your used printer inks you can drop them off at reception to be collected by Think-Inks, who recycle the ink cartridges instead of them ending up in landfill.

Think-Inks will donate up to £5 per cartridge, you can donate any ink cartridge (not toners).

We would be really grateful if you could ask friends, families and companies if they may have used cartridges that they would like to donate.



### Ukraine Appeal

We would like to say a massive thank you to everyone who helped out at the Easter Comp, and to those who donated chocolate to our chocolate raffle. We raised £107.81 to donate towards the Ukraine Appeal.

### Pizza Making Party

On the 2nd of April we had a Pizza Making Party, where lots of gymnasts from across the club had a great time rolling, flipping and making delicious pizzas.

### Bag2School

We have another Bag2School collection on the 18<sup>th</sup> of May, so have a wardrobe clear out and drop your bags off at the gym from the 13<sup>th</sup> of May. The more we collect the more we raise.



#### WE'RE COLLECTING:

CLOTHING (NO WORK WEAR OR UNIFORM), PAIRED SHOES (TIED TOGETHER), BAGS, HATS, SCARVES, TIES, JEWELLERY, SOCKS, BELTS, HOUSEHOLD LINEN, HOUSEHOLD CURTAINS, HOUSEHOLD TOWELS, HOUSEHOLD BEDDING AND SOFT TOYS

**THANK YOU FROM SSOG!**

### Easyfundraising

You can help towards our fundraising efforts every time you shop online through easyfundraising. It makes no difference to the price you pay, but every time you purchase we receive a donation.

Go to <https://www.easyfundraising.org.uk/>, search for Stockport School of Gymnastics and sign up and start raising money for the gym.

You can also gain a £5 bonus donation by inviting a friend to start donating!

