



# Stockport School of Gymnastics

## November 2021 Newsletter



October brought us 2 competitions to add to the 2021 competition season. We had gymnasts in the North West Classic Challenge and the North West and Greater Manchester County Regional Level 5 and 6. The club came away with 31 medals from the 9 gymnasts who competed in the 2 weekends.

We had a fun filled week with Holiday Camps, Glitter tattoos and a bowling trip.

November brings us more competitions for Club, a time change for Rec and Anti-Bullying week from 15<sup>th</sup>-19<sup>th</sup> of November. We encourage our gymnasts to wear odd socks to their sessions in order to show support against bullying.



### Contacts:

#### Office

[office@stockportgymnastics.com](mailto:office@stockportgymnastics.com)

#### Welfare

[welfare@stockportgymnastics.com](mailto:welfare@stockportgymnastics.com)

#### Website

General [www.stockportgymnastics.com/wp](http://www.stockportgymnastics.com/wp)

Club [www.stockportgymnastics.com/club](http://www.stockportgymnastics.com/club)



### Social Media:

#### Facebook

@stockportschoolofgymnastics

#### Instagram

@stockportschoolofgymnastics

#### Merchandise

[www.bluefroggraphics.co.uk/stockport-school-of-gymnastics-home](http://www.bluefroggraphics.co.uk/stockport-school-of-gymnastics-home)

## Gymnastics in November

All Rec, Teen and Pre-School sessions run through from 1<sup>st</sup> to 30<sup>th</sup> of November.

### Recreational Sessions

November sees all Recreation sessions going up to 55 minutes. New start and end times are as follows, if you are unsure about times they have been sent out, please see your emails.

Monday-Friday:

Old Start	New Start	New End
4:00,5:00	4:00,5:00	4:55,5:55
4:15,5:15	4:20,5:20	5:15,6:15
4:30,5:30	4:40,5:40	5:35,6:35

Saturday:

Old Start	New Start	New End
9:00,10:00,11:00	9:00,10:00,11:00	9:55,10:55,11:55
9:15,10:15,11:15	9:20,10:20,11:20	10:15,11:15,12:15
9:30,10:30,11:30	9:40,10:40,11:40	10:35,11:35,12:35
12:15,1:15,2:15	12:15,1:15,2:15	1:10,2:10,3:10
12:30,1:30,2:30	12:35,1:35,2:35	1:30,2:30,3:30
12:45,1:45,2:45	12:55,1:55,2:55	1:50,2:50,3:50

Sunday:

Old Start	New Start	New End
9:30,10:30,11:30	9:30,10:30,11:30	10:25,11:25,12:25
9:45,10:45,11:45	9:45,10:45,11:45	10:40,11:40,12:40
10:00,11:00,12:00	10:00,11:00,12:00	10:55,11:55,12:55
10:15,11:15,12:15	10:15,11:15,12:15	11:10,12:10,1:10

With our one way system still in place, please make sure you arrive on time for your session, in correct clothing and a pair of shoes. We advise that gymnasts bring a coat or jacket as its getting colder so they can keep warm whilst walking round to meet parents at the front.

### Pre-School and Open Play Sessions

Our new Pre-School theme for November will be colours and numbers. Our Pre-School sessions, both Independent and with Parent, are currently on Mondays, Thursdays and Fridays, with Open Play sessions on Mondays, Wednesdays and Fridays.



### Club

With more competitions on their way our Club girls continue with competition preparations. Our Two Piece and Level 4 gymnasts will be competing this month. All club girls will have the opportunity to compete in our Christmas Comp in December.

**Upcoming competitions:**

#### 6<sup>th</sup>/7<sup>th</sup> November

North West Floor and Vault to be held in Liverpool. Lifestyles Park Road, Steble St, Liverpool, L8 6QH.

**SSoG Entries:**

**Pre- Novice** - Paige Ross, Hannah Woolley, Fay Pickup, Mae Sheldrake, Elana Manson, Isla Ijima, Eleanor White.

**Novice** - Alison Eccleston, Azra Harwood, Ighosa Osagie-Okundolor, Lucy Francis, Lucia Sharpe, Ella Hales, Evie Knott.

**Intermediate** - Evie Talbot, Annie Francis, Gretel Smith.

#### 20<sup>th</sup>/21<sup>st</sup> November

North West Regional Level 2, 3 and 4 to be held at Salford Gymnastics Club

**SSoG Entries:**

**Level 4** - Thea McAllister, Nyla Smith, Lola Mannion, Millie Hewart, Orla Frodsham

#### 5<sup>th</sup> December

Christmas Team Competition held at Newby Road Teams to be sent out in the first week of November, gymnasts will have the chance to win awards for overall teams score, individual apparatus, best dressed and more.

### British Gymnastics Membership

Please ensure you have renewed your BG Membership. Gymnasts must hold a valid membership in order to participate in our sessions. Follow the link to renew or join now:

<https://www.british-gymnastics.org/memberships>

**British  
Gymnastics**  
More than a sport

## October Update

### Holiday Camps

We had a great turn out for our Half-Term Holiday Camps that ran from 25<sup>th</sup>- 29<sup>th</sup> of October. With most of the Camps full we saw lots of new faces and gymnasts made lots of new friends.



### Pre-School

Our theme in Pre-School for October was Halloween and Autumn. We had lots of fun with different Halloween characters and Autumn scenarios. For our last week our little ones dressed up in their Halloween costumes.



### Club

#### North West Classic Challenge

Heather started off our October competitions in the North West Silver Classic Challenge, where she competed 3 new skills, a Yurchenko on Vault, Handspring Full Twist on Floor and Double Wolf Spin on Beam. Heather came away with a gold medal on Bars and 4 silver medals!

#### North West and Greater Manchester Regional Level 5 and 6

We also had a very successful weekend competing in the North West and Greater Manchester County Regional Level 5 and 6 competitions. We entered 8 gymnasts who all took away medals! We had gymnasts in Regional Level 6 aged 9 and Regional Level 5 aged 11, 12 and 13+.

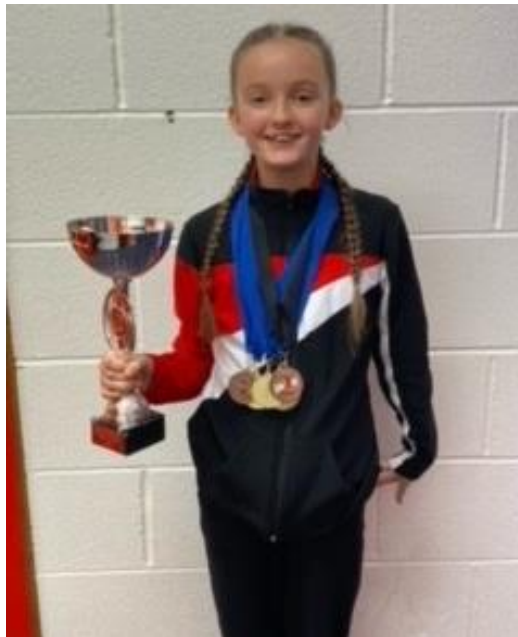
Well done to all the girls that competed!



## October Competitions



**Molly Doody**  
NW - Silver on Vault.  
GM - Gold on Vault.



**Maddy Gerrard-Jones**  
NW - Silver on Vault, Bronze Overall  
GM - Gold on Bars, Beam, Vault and Overall, Bronze on Floor.



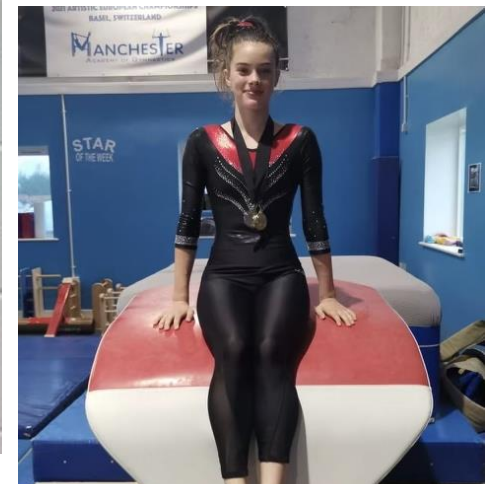
**Emily Webb**  
NW - Gold on Floor, Bronze on Vault.  
GM - Gold on Floor, Silver on Vault, Bronze on Bars, Beam and Overall.



**Emily Mills**  
NW - Bronze on Vault.  
GM - Silver on Vault.



**Molly Young**  
NW - Silver on Floor  
GM - Gold on Floor, Silver on Vault.



**Heather Davenport**  
Gold on Bars, Silver on Beam, Floor, Vault and Overall.



**Gabby Widdall**  
GM - Gold on Bars, Silver on Floor.



**Katie Lee**  
GM - Bronze on Beam.



**Darcey French**  
GM - Silver on Bars and Floor.

## Community and Fundraising

### Ten-Pin Bowling

22 of our gymnasts joined us at Parrs Wood for the 10-pin bowling session we set up on the 26<sup>th</sup> October. We had an array of gymnasts from Pre-Schoolers to Club gymnasts. As expected there were some very competitive gymnasts and coaches who battled to the very last throw to win some of the games.



### Halloween Fundraising

During October gymnasts had the chance to get glitter tattoos and buy raffle tickets for a Halloween prize. The winning ticket has been drawn, and belongs to Fleur and Florence. We hope you enjoyed your Halloween prize. Gymnasts got creative with their tattoo designs to help raise towards new equipment for the gym. Our Halloween events added £204 to our fundraising effort, getting us closer to our goal of £3,626.40.

**Thank you to everyone that helped out.**



### Design a Leotard

Our design a leotard competition was closed on the 31<sup>st</sup> of October and the winner will be drawn in the first week of November.

Good Luck to all that entered and make sure you look out for an email from one of our fundraising team! We look forward to seeing your design all made up.

### Easy Fundraising

With Christmas on its way don't forget you can help towards our fundraising efforts every time you shop online with easyfundraising. All of the sites you would normally use are on the system and it makes no difference to the price you pay, but every time you purchase we receive a donation.

Go to <https://www.easyfundraising.org.uk/>, search for Stockport School of Gymnastics and sign up and start raising money for the gym.

### Paint a Pot

On Saturday 13<sup>th</sup> of November at 5:30 pm we have organised a Paint a Pot session.

SSOG PRESENTS.....

*Saturday 27th November 5.30-7.30pm*

## Christmas Paint a Pot Party

BROOKLYN POTTERY 104 SHAW HEATH SK2 6QS

**£15 per person**

*Includes: Paint your own Christmas character, hot chocolate, candy canes and lots of festive fun!*



*BOOKING FORMS AVAILABLE FROM GYM RECEPTION*

*Limited spaces. Open to all gymnasts and their families.*